

FROM THE PRINCIPAL

Dear Parents

Thursday is our Athletics Carnival and as I said last week, we have had to make a few changes due to the bottom oval being out of play. I thought I'd spend some time this week to explain how our carnival will work this year. First of all, we focus on participation. It is not only talented individuals who win carnivals, it is all House members getting points for their team. Our points scoring system rewards all athletes who take part. Every student who makes a long jump, runs a race, puts a shot or clears a high jump bar will score points. The more they do this, the more points they score. Our relay and ball game events will also reward them for their team work. There will still be age champions decided and there are 15 points per event up for grabs. An athlete who has a great day could therefore score a maximum of 60 points for the four individual events (High Jump, Long Jump, Sprints and Shot Put). Relays and ballgames will not count for age championship points. A full explanation of the points system is on our programme, available on Thursday. An overview of the day is as follows:

9:00 – 11:00 am 30 Minute Rotations

Four rotations for all 9, 10, 11, 12 and 13 years athletes – Long Jump, Sprints, Shot Put, Ball Games

11:00 – 11:30 Morning Tea

11:30 – 1:00pm Sprints and High Jump

10, 11, 12 and 13 years High Jump

Prep to Year 4 – Sprints

1:40 – 2:30pm Sprint Finals, High Jump

10, 11, 12 and 13 yrs Sprint Finals

9 Years – High Jump

2:30 – 3:00 Presentations and Clean up

Age Champions

House Champions

It should be an excellent day. Fine, cool weather has been forecast and that will allow all students to be actively participating in all events. I remind parents that we expect all students to attend. If students are sick or injured, please send a note with them, explaining the reasons for their non-participation. All students need to have hats, water bottles and appropriate footwear for sport. The P&C will again be running its famous barbecue and will be selling steak burgers, sausages on bread, and drinks.

In a related activity last week, we elected our House Captains for 2008. To be House Captain, Year 7s needed to be Student Leaders and have the capacity to lead their teams in competition. In my opinion, we have elected excellent groups of young men and women to head our Houses. Congratulations to:

Stradbroke House

Tanya Walton, Daniel Innes (*Captains*)

Jaidene Webb, Azora Ufagalilo (*Vice*)

Moreton House

Cheyenne Niania, Sage Valaau (*Captains*)

Anita Seumanutafa, Jeremy Skelton (*Vice*)

Bribie House

Lera Mefodeva, Kevin Singh (*Captains*)

Lauren Gough, Ronal Eresto (*Vice*)

The House Captains will be presented with their badges on assembly next week – Tuesday 24 June.

Our Year 6 campers arrived back at school last Friday and by all reports, they had a great time. They tried canoeing, archery, high ropes, low ropes and bush activities and, apparently, outdid themselves at karaoke on the first night. Their enthusiasm and behaviour was excellent and I congratulate them on their efforts. Unfortunately, we will not be able to go back to Garapine in future as it is closing due to the Traveston Dam construction. I'm sure we will find a venue just as good for our sixes in 2009.

This week we will be practising our lockdown drill. Lockdowns are when we keep all staff, students, parents and visitors shut in rooms to protect them from dangerous situations in the grounds such as intruders, stray dogs, live electricity lines down and so on. Just this morning (at 6:30 am) we had on site, an elderly gentleman who was very disoriented and agitated. Although he did not pose a threat, this is the sort of situation that might initiate a lockdown just to be on the safe side. However, in 25 years of teaching, I have never been in a real lockdown but it is necessary to know what to do in the unlikely event that it occurs. Next week we will be practising our evacuation drill. On both occasions, there will be no warning to make it as real as possible. If you happen to be at school during these times, you will be required to participate in the drill as well. No one is exempt.

With only two weeks of school left for this term, it is important that we all encourage our students to keep up the high levels of effort and behaviour that they have shown earlier in the year. It has been a long term, we are all tired but I'd like it to finish on as high a note as it started.

Mark Fisher
Principal



Looking for the ultimate School Holidays experience?

Brisbane Powerhouse presents
POWERKIDZ

Wed 2 - Sat 12 Jul 08

Powerkidz is the perfect hub for kidz, packed with performances, workshops and plenty of free events. More info at www.brisbanepowerhouse.org/events/view/powerkidz-1

UQKids Holiday Clinics

UQ SPORT has developed a comprehensive junior sport program with a wide range of options to spoil your children for choice these holidays. Our clinics aim to increase activity levels and promote long-term involvement in sport through a fun, friendly and safe environment. Clinics on offer these June/July holidays include Athletics, Netball, Touch Football, Multi-Sport and RAP. School's Out is suitable for ages 5 -12 years and half day and full day options are available to fit in with your schedule. To make things even easier for parents, UQ SPORT is offering Before and After Clinic Care at no extra cost. Each child will receive expert coaching and encouragement from our experienced instructors, a FREE gift, plus other goodies. For more information or to enrol, visit www.uqsport.uq.edu.au/uqkids or contact UQ SPORT on (07) 3365 6612.

Tips for Parents of Teens

Are you concerned about your teenager's behaviour? Then Teen Triple P might be the answer – a free individual parenting program for parents of teenagers aged 11-16 years run by the Parenting and Family Support Centre at The University of Queensland. For more information please contact the Project Coordinator on 3365 6207 or teentriplep@psy.uq.edu.au.

Child Support Information Forum

Have your say on how Child Support changes will affect your children.

Date: Wed 18th June 2008

Time: 7:00am for 7:15am start

Venue: Sandgate Community Centre
153 Rainbow St, Sandgate

Light breakfast provided, so please RSVP.

Child minding available but bookings are essential. Phone Paula at SANDBAG on 3869 3244 or email cdw@sandbag.org.au.

Sandgate PCYC Generation X Dance

Sandgate PCYC

Friday 20th June

6-8pm

\$5.00

Sandgate PCYC

106 Kempster street

Sandgate, 32695358

Please remember that all dances are fully supervised and that there are NO passes out. Parents must pick up the children from inside the club and not have them meet them at their car.

KOALA Healthy Lifestyle Program

The Mater Children's Hospital together with the University of Qld is conducting the KOALA Healthy Lifestyle Program. It is a management, education and research program that has been designed to help overweight children between the ages of 6-10 and their families make positive changes for a healthier and happier life. If you require further information please contact the Project Coordinator on 3163 2757 or email regina.dowdle@mater.org.au. Alternatively, please take the time to view our informative website at <http://koala.imb.uq.edu.au>.

June/July School Holiday



The Patch Place
Creating Futures By Having Fun

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